In FLOW

A PERSONALIZED MONEY MAGIC + ABUNDANCE PRACTICE

INTAKE FORM

# Pre-Program Intake Form

Thank you, thank you, thank you for your interest in In Flow. This is a personalized money magic and abundance practice, designed to meet you where you are and to be a resource for you whilst you explore your relationship with money.

I'm not a therapist or life coach; I'm also not a financial planner or advisor. I'm a person, like you, who felt like there was more to this money stuff than anyone ever told me. I researched, read, practiced, shared, trusted... and developed a program that I would sign up for and invest in.

This is built on real life experiences. I've transformed my own relationship with money. I've gotten out of debt. I've built businesses from the ground up. I've set and achieved financial goals. I've supported people with silencing the money stories that have been blocking them for years. I've guided people to start businesses, increase service rates, grow clients, and more. People have changed their view of money and abundance, and received more of each, during our time together.

Of course, everyone is different – if this feels like a fit for us, we'll integrate some of my favorite practices from my experiences with personalized, individualized gems just for you! That might include pulling tarot in our sessions, exploring your natal chart, adding in reflection and journal prompts, or something else! We'll go where the journey takes us.

We can talk real money in sessions – budget, bills, taxes – if you're comfortable. Or, we never have to talk specific amounts and can instead focus on energy, history, and aims. We'll explore together, with boundaries as needed, deep dives as desired, and hopefully lots of fun and learning along the way.

It's also my pleasure to refer you to people who can offer things I can't. In other words, I won't ever make you think I can offer something that I can't, but I can and will guide you toward people I trust and have worked with myself, if you're interested.

Let's get into some core questions so we can make sure this is a fit before you invest. I want to make sure I feel I can offer you something based on where you're at right now.

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1. Briefly, how would you describe your relationship with money today? This isn't about how you feel about your bank account or what goals you set, but your connection with money.

2. You found a $100 bill in the pocket of your winter jacket. What are you doing with the newfound cash? First thing that comes to mind:

3. How did you find out about In Flow, and what made you reach out now?

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Thank you for taking a moment to respond to those questions.

I will review your answers and respond within 72 hours.

You will receive one of three responses: 1) My response may be a request for a free discovery call to align on the purpose of this program. 2) It's possible that the nature of the responses provided may simply mean this program is not a match for us, and that's OK. If so, I will let you know. 3) If things feel well-matched, I will reply with a payment link for payment in full and available dates/times for our first session.

If we choose to proceed together, everyone is asked to engage in a bit of pre-work before our first session. You would be asked to please:

- Write about your personal money story - and prepare to share whatever feels comfortable
- Reflect on your "Why" and write about who You are as a person

**If this feels right for you, please email your intake form to me at crystal@lovecrystalxo.com**. By submitting the form, you're also recognizing that In Flow is a personal development experience and not a substitute for professional financial, legal, or mental health services.

**"THE MOST IMPORTANT THING TO DO IN THE FACE OF SCARCITY IS TO FOCUS ON WHAT FEELS ABUNDANT."**

CHANI NICHOLAS' LEO HOROSCOPE FROM 1/11/21